

FIVE-STEP APPROACH TO SURVIVOR SUPPORT

STEP 1: RECOGNIZE SOMEONE MAY NEED SUPPORT

Common reactions to an assault may be physical, emotional, cognitive, behavioral or spiritual.

STEP 2: ASSESS YOUR ROLE

Consider who needs your support including individuals disclosing, individuals who have been disclosed to, and members in leadership.

Do NOT overstep. Refrain from giving advice or investigating. Follow up responsibly.

STEP 3: BE INTENTIONAL

Be informed and transparent about any reporting obligations you may (or may not) have to adhere to.

Empathize with survivors and inform them of their options.

STEP 4: KNOW HOW TO SUPPORT

Ask open-ended resources, like "How can I support you?". Avoid asking "Why?" questions.

Convey a message of support. Let survivors know that you believe them, that you support them and that it is NOT their fault.

Connect them with resources (see back page)

STEP 5: SUPPORT!

CONFIDENTIAL RESOURCES

MSU RESOURCES

MSU CENTER FOR SURVIVORS

Individual Therapy, Support Groups, Advocacy Crisis
Intervention, Crisis Line & Chat

517-372-6666
endrape.msu.edu

MSU SAFE PLACE

Individual Therapy, Support Groups, Advocacy, Safety
Planning and Emergency Shelter

517-355-1100
safeplace.msu.edu

MSU COUNSELING & PSYCHIATRIC SERVICES (CAPS)

Individual, Couple & Group Counseling/Psychiatric Services

517-355-8270
caps.msu.edu

MSU LBGT RESOURCE CENTER

Educational, Social and Support Programming for LGBTQ+
MSU Community Members

517-353-9520
lbgrtc.msu.edu

MSU OFFICE OF THE OMBUDSPERSON

Neutral, Informal, and Independent Assistance to Students in
Resolving University Conflicts or Disputes

517-353-8830
ombud.msu.edu

CAMPUS EQUITY NAVIGATOR

Assistance with Setting Up Accommodations
(NOTE: The Office of Civil Rights is NOT CONFIDENTIAL)

civilrights.msu.edu

LOCAL AND STATE RESOURCES

END VIOLENT ENCOUNTERS (EVE)

Lansing-Based Resource for Domestic & Sexual Violence
Survivors

517-372-5572
eveinc.org

STATEWIDE SEXUAL ASSAULT HOTLINE

Available 24 Hours a Day for Anyone Who Has Ever
Experienced Sexual Assault

1-855-864-2374
(1-855-VOICES4)

FOR A MORE COMPREHENSIVE LIST OF RESOURCES, VISIT
POE.MSU.EDU/RESOURCES